





November 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 1/2 Hardboiled Egg Saltine cracker Water	2 Broccoli Ranch Dressing Water	3 1/2 Peanut Butter & Jelly sandwich 1% Milk	4 Goldfish crackers Water	5
6	7 Strawberry Yogurt 1/2 Graham cracker Water	8 String Cheese Wheat saltines Water	9 Carrots Ranch Dressing Water	10 Breadsticks Italian sauce 1% Milk	11 No School 	12
13	14 Banana Muffin 1% Milk	15 1 Apple per student (slices) Peanut Butter Water	16 Cucumber Slices Ranch Dressing Water	17 Chicken Nuggets (3 ct) Ranch Dressing Water	18 Granola Honey & Oat Snack Bar Water	19
20	21 Cereal (mixed) 1% Milk	22 Cottage Cheese Saltine crackers Water	23 Green Bell Pepper Slices Ranch Dressing Water	24 No School 	25 No School	26
27	28 Pears 1/2 Graham cracker 1% Milk	29 Bagel Cream Cheese Water	30 1/2 Banana 1/2 Graham cracker 1% Milk			